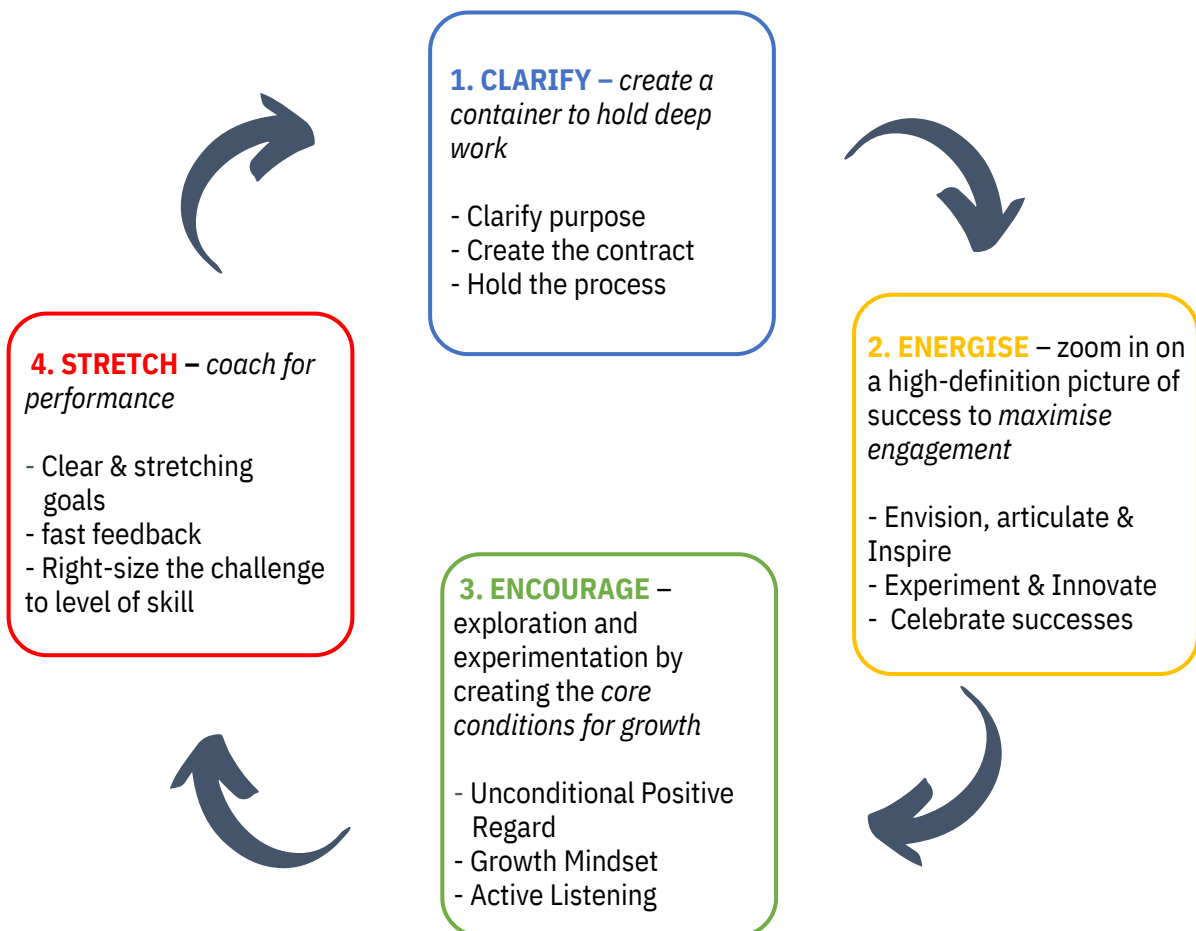


The “Keys” (CEES®) Coaching Model

The CEES Coaching Model helps to **clarify, energise, encourage and stretch** those we are coaching. It also enhances our self-awareness about how we need to **flex** and **adapt**, in service of the coaching partnership, to achieve transformational change.



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